



FORMED & EQUIPPED

WHAT DOES IT MEAN TO BE FORMED AND EQUIPPED IN THE LITURGY?

To be formed and equipped in a liturgy means more than learning how to do a job well—it means allowing our hearts, minds, and skills to be shaped so we can serve God and one another with confidence and love. Formation deepens our understanding of faith and worship, while being equipped gives us the practical tools to live that faith out in service.

*In the liturgy, this is especially important. When we understand why we do what we do at Mass, our participation becomes more prayerful, intentional, and life-giving—for us and for the whole community. That is why our parish will soon be **offering liturgical training, open to all current and prospective ministers**. These sessions will provide both spiritual formation and practical guidance, helping us serve reverently, confidently, and as one body.*

As we continue to grow as a parish, being formed and equipped ensures that our service flows not just from routine, but from faith—so that everything we do leads others more deeply into the mystery and beauty of Christ's presence among us.



Sat 14th March: 10am-4pm

Training & Formation for Readers, Sacristans, Eucharistic Ministers

Sat 21st March: 10am-4pm

Liturgical Music Training and Formation

Events and Announcements

14/21
MAR

Liturgical Training: Readers, Musicians, Sacristans, Eucharistic Ministers

If you are a current volunteer or wanting to volunteer in the future, we are running a training/formation day for all things Liturgy in March! From being a reader at mass or eucharistic minister, to liturgical music training, we were be offering training and formation. Stay tune for more information.



Adoration starting again this Week!

Adoration will recommence on **February 2 (Monday)**. Thanks to all Adorers who have kept our dear Lord company in 2025. Hope to see you back again in 2026. **Adoration hours can be found at the back of the bulletin.**

12
FEB

Coffee at Gryphon

All parishioners are invited to meet at Gryphon's, Griffith shops at 10.30 am on the second Thursday of each month, the next catch up will be Thursday 12th of February.



Parish Morning Teas To Recommence

Usually throughout the year, after Sunday morning 9am Mass, we have a Parish Morning Tea in the Parish Centre. This is a great chance to connect as our parish community. This will recommence **Sunday the 8th of February!**

19
FEB

First Reconciliation 2026: SAVE THE DATE!

This is initial key information regarding First Reconciliation 2026. The Reconciliation Information Night will be happening on the **Thursday 19th of February in the Collins Wing from 6pm-7pm**. There will be a sacramental program (more details to come) and the date of the Sacrament itself will be **Wednesday 25th of March at 5pm at St Benedict's Church**. Contact the Parish office for more details and registration.

APR
2026

2026 Alpha Course: SAVE THE DATE!

Curious about life, faith, and meaning? St Benedict's is running the Alpha course next year starting in April 2026 (details to be confirmed). Alpha is an 12-week series that creates a space for honest conversations in a warm, welcoming environment—no pressure, no judgment. Everyone is welcome. Come for the conversation, stay for the community. Interested? Stay tuned for more details to come in the new year!

2
MAY

2026 Parish Assembly: SAVE THE DATE!

All parishioners are invited to our Parish Assembly happening next year on Saturday 2nd of May. This will be a whole day event where we will be sharing the vision of the Parish, you won't want to miss it!

How to connect with our Parish?

KINGDOM KIDS

Sun 9am Mass (except school holidays & long weekends)

Sherice Kazzi (Contact Parish Office)

FUSION YOUTH GROUP

Friday Nights (Fortnightly)

7-9pm Collins Wing

Axel Healey (Contact Parish Office)

MOTHER'S PRAYERS

Each Monday (school term)

9.30am, Parish Centre

Rachael Nano (Contact Parish Office)

MEN'S SHARING GROUP

Tuesday Nights (Fortnightly)

7:30pm, Parish Centre

John Murray (Contact Parish Office)

REST IN ME MEDITATIONS

Each Wednesday

10am-12pm, Parish Centre

Ayanthi Perera (Contact Parish Office)

STREET MINISTRY

Friday Nights

After 5:30pm Mass, Civic

(Contact Parish Office)

Sacrament Dates 2026

First Reconciliation: 25th of March

First Communion: 21st of June

Confirmation: Not happening next year.

RCIA begins TBD

Marriage and Baptisms by request.

Before each sacrament there is an information evening, a sacramental program, a retreat then the date of the sacrament itself.

If you would like your child to receive the sacraments, please contact the parish office for more information.

Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Gert Fletcher, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Barry Murphy, Helen French, Sagar Julie O'Brien, Peter Robinson and all those sick in our parish.

Recently Deceased: Rosemary De Bear

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading Zep 2:3; 3:12-13

In your midst I will leave a humble and a lowly people.

Seek the Lord
all you, the humble of the earth,
who obey his commands.
Seek integrity,
seek humility:
you may perhaps find shelter
on the day of the anger of the Lord.
In your midst I will leave
a humble and lowly people,
and those who are left in Israel will seek
refuge in the name of the Lord.
They will do no wrong,
will tell no lies;
and the perjured tongue will no longer
be found in their mouths.
But they will be able to graze and rest
with no one to disturb them.

Responsorial Psalm

Ps 145:7-10. R. Mt 5:3

**(R.) Happy the poor in spirit;
the kingdom of heaven is theirs!**

1. It is the Lord who keeps faith forever,
who is just to those who are oppressed.
It is he who gives bread to the hungry,
the Lord, who sets prisoners free. (R.)
2. It is the Lord who gives sight to the
blind,
who raises up those who are bowed
down,
the Lord, who protects the stranger
and upholds the widow and orphan. (R.)
3. It is the Lord who loves the just
but thwarts the path of the wicked.
The Lord will reign for ever,
Zion's God, from age to age. (R.)

Second Reading 1 Cor 1:26-31

God has chosen what is weak by human reckoning.

Take yourselves, brothers, at the time when
you were called: how many of you were wise
in the ordinary sense of the word, how many
were influential people, or came from noble
families? No, it was to shame the wise that
God chose what is foolish by human
reckoning, and to shame what is strong that
he chose what is weak by human reckoning;
those whom the world

thinks common and contemptible are the
ones that God has chosen – those who are
nothing at all to show up those who are
everything. The human race has nothing to
boast about to God, but you, God has made
members of Christ Jesus and by God's
doing he has become our wisdom, and our
virtue, and our holiness, and our freedom.
As scripture says: if anyone wants to
boast, let him boast about the Lord.

Gospel Acclamation Mt 5:12

Alleluia, alleluia!

Rejoice and be glad;

Your reward will be great in heaven.

Alleluia!

Gospel Mt 5:1-12

Happy are the poor in spirit.

Seeing the crowds, Jesus went up the hill.
There he sat down and was joined by his
disciples. Then he began to speak. This is
what he taught them:

‘How happy are the poor in spirit:

theirs is the kingdom of heaven.

Happy the gentle:

they shall have the earth for their
heritage.

Happy those who mourn:

they shall be comforted.

Happy those who hunger and thirst for
what is right:

they shall be satisfied.

Happy the merciful:

they shall have mercy shown them.

Happy the pure in heart:

they shall see God.

Happy the peacemakers:

they shall be called sons of God.

Happy those who are persecuted in the
cause of right:

theirs is the kingdom of heaven.

‘Happy are you when people abuse you
and persecute you and speak all kinds
of calumny against you on my account.
Rejoice and be glad, for your reward will be
great in heaven.’

The psalm responses are from the English Translation of the Lectionary for the Mass
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Reflection by Fr Michael Tate

Jesus doesn't start in a fantasy
dream world of perfection. Jesus
looks at the world as it often is for
many people, perhaps for most
people around the world: 'the poor
in spirit', 'those who mourn',
'those who are gentle', 'those who
hunger and thirst for justice'.
Jesus astonishes the crowd by
saying that such people are
'Blessed'. How can this be? The
answer lies in our Lord's
emphasis on the new community
he is establishing under the reign
of God: what he calls 'the
Kingdom of God'. Those in such
wretched circumstances will have
things set right, but only if
followers of Jesus do everything
possible to lift the poor out of the
poverty which crushes their spirit,
do everything possible to comfort
those who mourn, do everything
possible to make sure the gentle
share the earth's resources, do
everything possible to satisfy the
craving for justice. We could
pause for a moment to pray the
'Our Father' pledging ourselves to
help construct this new society
where the Beatitudes can come
true: 'Thy Kingdom come. Thy will
be done on earth as it is in
heaven.'

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Our Commitment to Safeguarding:

At St Benedict's Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
6pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION

Come adore Jesus
in the Blessed
Sacrament.

Mon - Tue:

7am - 9pm

Wed - Thurs:

1pm - 9pm

Friday

7am - Sat 8am



ROSARY

After each weekday
mass except Fridays.
After Sat 8am Mass.



RECONCILIATION

Friday

6:15pm - 7pm

Saturday

5pm - 5.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuokwe MGL (APP)
Fr Joseph Nivaskaran MGL (APP)
Fr Tony Schick MGL

PARISH OFFICE

(02) 6295 7879
narrabundah@cg.org.au
Tue/Thurs/Fri: 9am-12pm

SAFEGUARDING OFFICER

Julie Long
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